

MONDAY

3

MAIN ENTREE

- Chicken Tenders
 - Sweet Potato Waffle Fries
- Nutrition Bar
- Buttermilk Ranch Dressing
 - Fat Free Italian Dressing
 - Creamy Caesar Dressing
 - Fresh Apple
 - Fresh Banana

MILK

- 1% Milk Carton
 - Skim Chocolate Milk
 - Lactose Free Skim Milk
- Condiment Options
- Hot Sauce
 - Ketchup

TUESDAY

4

MAIN ENTREE

- Chicken Patty Sandwich

SIDES

- Seasoned Black Beans
- Garden Side Salad

Nutrition Bar

- Fresh Apple
- Fresh Banana

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

WEDNESDAY

5

MAIN ENTREE

- Macaroni and Cheese

SIDES

- Seasoned Peas

Nutrition Bar

- Cucumber
- Fresh Baby Carrots
- Grape Tomatoes
- Coleslaw Mix, Green & Red w/Carrots
- Creamy Caesar Dressing
- Fresh Apple
- Fresh Pineapple

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

THURSDAY

6

MAIN ENTREE

- Oven "Fried" Chicken
- Seasoned Baked Whole Grain Roll

SIDES

- Collard Greens
- Cucumber
- Shredded Carrots
- Grape Tomatoes
- Fresh Green Beans
- Creamy Caesar Dressing
- Fresh Banana
- Green Grapes

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

FRIDAY

7

MAIN ENTREE

- Roasted Veggie Alfredo Pizza
- Cheese Pizza

SIDES

- Seasoned Broccoli
- Nutrition Bar
- Cucumber
 - Shredded Carrots
 - Grape Tomatoes
 - Coleslaw Mix, Green & Red w/Carrots
 - Creamy Caesar Dressing
 - Green Grapes

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

10

MAIN ENTREE

- Cheeseburger

SIDES

- Tater Tots
- Garden Side Salad

Nutrition Bar

- Cucumber
- Fresh Baby Carrots
- Grape Tomatoes
- Coleslaw Mix, Green & Red w/Carrots
- Fresh Green Beans
- Fat Free Italian Dressing
- Fresh Cantaloupe
- Kiwifruit

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

11

MAIN ENTREE

- Corn Dog

SIDES

- Steamed Peppers & Onions

Nutrition Bar

- Cucumber
- Shredded Carrots
- Coleslaw Mix, Green & Red w/Carrots
- Corn
- Creamy Caesar Dressing
- Honeydew
- Fresh Cantaloupe

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

12

MAIN ENTREE

- Char Siu Chicken
- 5 Spice Brown Rice

SIDES

- Stir Fry Vegetables

Nutrition Bar

- Cucumber
- Fresh Baby Carrots
- Coleslaw Mix, Green & Red w/Carrots
- Corn
- Fresh Green Beans
- Creamy Caesar Dressing
- Fresh Apples
- Fresh Orange
- Honeydew
- Fresh Cantaloupe
- Apple Crisp

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

13

MAIN ENTREE

- Loaded Baked Potato

SIDES

- Seasoned Baked Whole Grain Roll

Nutrition Bar

- Baked Beans
- Shredded Carrots
- Coleslaw Mix, Green & Red w/Carrots
- Corn
- Creamy Caesar Dressing
- Fresh Apples
- Fresh Orange
- Green Grapes
- Honeydew
- Fresh Cantaloupe

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

14

- Italian Dunkers

SIDES

- French Fries
- Nutrition Bar
- Celery Sticks
 - Cucumber
 - Shredded Carrots
 - Grape Tomatoes
 - Buttermilk Ranch Dressing
 - Fat Free Italian Dressing
 - Creamy Caesar Dressing
 - Fresh Banana
 - Red Grapes

MILK

- 1% Milk Carton
- Skim Chocolate Milk
- Lactose Free Skim Milk

Condiment Options

- Hot Sauce
- Ketchup

17



February Break

18



February Break

19



February Break

20



February Break

21



February Break

24	25	26	27	28
<p>MAIN ENTREE</p> <ul style="list-style-type: none"> • Chicken Tenders <p>SIDES</p> <ul style="list-style-type: none"> • Potato Wedges <p>Nutrition Bar</p> <ul style="list-style-type: none"> • Celery Sticks • Cucumber • Shredded Carrots • Grape Tomatoes • Buttermilk Ranch Dressing • Fat Free Italian Dressing • Creamy Caesar Dressing • Fresh Banana • Red Grapes <p>MILK</p> <ul style="list-style-type: none"> • 1% Milk Carton • Skim Chocolate Milk <p>Condiment Options</p> <ul style="list-style-type: none"> • Hot Sauce • Ketchup 	<p>MAIN ENTREE</p> <ul style="list-style-type: none"> • Corn Dog <p>SIDES</p> <ul style="list-style-type: none"> • Steamed Peppers & Onions <p>Nutrition Bar</p> <ul style="list-style-type: none"> • Celery Sticks • Cucumber • Shredded Carrots • Grape Tomatoes • Buttermilk Ranch Dressing • Fat Free Italian Dressing • Creamy Caesar Dressing • Fresh Banana • Red Grapes <p>MILK</p> <ul style="list-style-type: none"> • 1% Milk Carton • Skim Chocolate Milk <p>Condiment Options</p> <ul style="list-style-type: none"> • Hot Sauce • Ketchup 	<p>MAIN ENTREE</p> <ul style="list-style-type: none"> • Spaghetti and Meat Sauce • Seasoned Breadstick • Garden Side Salad <p>Nutrition Bar</p> <ul style="list-style-type: none"> • Celery Sticks • Cucumber • Shredded Carrots • Grape Tomatoes • Buttermilk Ranch Dressing • Fat Free Italian Dressing • Creamy Caesar Dressing • Fresh Banana • Red Grapes <p>MILK</p> <ul style="list-style-type: none"> • 1% Milk Carton • Skim Chocolate Milk 	<p>MAIN ENTREE</p> <ul style="list-style-type: none"> • Hamburger <p>SIDES</p> <ul style="list-style-type: none"> • Baked Beans • Garden Side Salad <p>Nutrition Bar</p> <ul style="list-style-type: none"> • Cucumber • Fresh Baby Carrots • Fresh Broccoli • Buttermilk Ranch Dressing • Creamy Caesar Dressing • Fresh Apple • Fresh Banana • Fresh Pear • Fresh Cantaloupe <p>MILK</p> <ul style="list-style-type: none"> • 1% Milk Carton • Skim Chocolate Milk • Lactose Free Skim Milk <p>Condiment Options</p> <ul style="list-style-type: none"> • Hot Sauce • Ketchup 	<p>MAIN ENTREE</p> <ul style="list-style-type: none"> • Fish Sticks <p>SIDES</p> <ul style="list-style-type: none"> • Seasoned Baked Whole Grain Roll • Seasoned French Fries <p>Nutrition Bar</p> <ul style="list-style-type: none"> • Fresh Baby Carrots • Grape Tomatoes • Romaine Lettuce • Buttermilk Ranch Dressing • Creamy Caesar Dressing • Fruit Cocktail <p>MILK</p> <ul style="list-style-type: none"> • 1% Milk Carton • Skim Chocolate Milk • Lactose Free Skim Milk <p>Condiment Options</p> <ul style="list-style-type: none"> • Hot Sauce • Ketchup

Attention All: Menu is subject to change.

Each meal offered with a choice of milk, vegetables, and fruit. Nutrition bar available daily with assorted vegetables and fruit.

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